

「香港自閉症聯盟」簡介 (截至 2022 年 12 月)

『香港自閉症聯盟』Autism Hong Kong 的創辦人是資深社工(1982-現在)余秀螢先生，聯同數位香港自閉譜系兒童家長、社工及志願人士於 2000 年成立的自助組織，早期的目標只是架設網站(www.autism.hk)，為華人社會提供網上中文自閉譜系資訊。但伴隨著社會上自閉譜系人士急劇上昇和對服務需求，在 2009 年我們根據香港社團條例註冊成為民辦義工團體；「聯盟」的目標是 (a) 提供網上中文自閉譜系資訊；(b) 促進社會對自閉譜系人士的接納和認識；(c) 維護自閉譜系人士的教育、治療、訓練和社會生活的公平權利，及(d) 推廣自閉譜系專業培訓、「世界關顧自閉日」及家長互助運動等。

由 2000 至 2017 年期間，創辦人在香港全職受僱一所政府資助民間社會福利服務社工崗位，只能在工餘時間從事小規模義務工作；其次，限於聯盟資源及人手有限，活動範圍主要環繞在香港及珠三角地區。

「聯盟」由始至終維持一個很小規模的結構，不多於 10 位核心義工，本會不設受薪職員/會所/直接服務；我們只專注做「催化劑」而不生產「麵包及白米」，因為需要「麵包及白米」的人越來越多，2021 年的美國疾病控制中心(CDC) 公佈自閉症病發率是 1 比 45；聯合國 2007 年估計全球自閉譜系人口多達 3 千 5 百萬，我們估計中國自閉譜系人口可能多達 1,500 萬。以「聯盟」在有限知識、財力及精力下，要在香港營運直接服務，無疑是杯水車薪，也不能替代政府和資助社福團體功能。

過往 20 多年「聯盟」主要集中在有限資源和精力，從事聯合國「世界關顧自閉日」、自閉譜系教育和康復訓練人員培訓、及自閉譜系的意識教育工作；活動範圍主要集中在香港與鄰近地區 2 小時交通圈。由 2017 年 3 月開始，「聯盟」創辦人退下香港全職工作崗位，全心投身自閉譜系義務工作，在條件許可下，可以為遠離珠三角地區的家長組及機構提供支援、協作培訓和互相交流等活動。

2019 至 2022 年度，「聯盟」連續 4 年入選為澳門政府教育及青年發展局，與特殊教育相關的教師在職培訓課程認可承辦商。另外，2020 年初因應香港新冠肺炎疫情，我們聯同香港教育大學特殊學習需要與融合教育中心，以遙距網課模式運作特教培訓課程；有關「聯盟」專業培訓課程業績統計參見下表。

遙距網上特教培訓課程	共舉行網課	課時總數共	報名人數
3/2020 至 12/2022 共 34 個月期間	396 場	893 小時	13,450 人
平均每月 / 每場	11.6 場/月	26.3 小時/月	34 人/每場
1 - 12/2022 共 12 個月期間	122 場	893 小時	4,533 人
平均每月 / 每場	10.2 場/月	28.3 小時/月	37.2 人/每場
免費網上直播 (YT, FB, Twitter)	77 場	不適用 N.A.	60 小時 Hrs
澳門教師在職培訓課程	共舉行澳門課程	課時總數共	課程名額
2019 至 2022 共 48 個月期間	46 場	340 小時	1,380 人
平均每年 / 每場	11.5 場/年	65.25 小時/年	30 人/每場

各地區協作伙伴：

香港教育大學特殊學習需要與融合教育中心、自閉症兒童基金協會、愛傳遞、香港兒童啟迪協會、澳門政府教青局、亞洲正向行為支援學院有限公司、自閉症復康網絡、香港關顧自閉聯盟、港川三益健康管理(成都)有限公司、香港自閉症教育顧問有限公司、廣州市海珠區海桐康復服務中心、廣州市太陽船康復教育中心、廣州市青聰康復教育中心、北京師範大學香港浸會大學聯合國際學院社會工作與社會行政專業、廣東國際義工服務團體 (GIVES)、成都大學特教專業、成都向日葵兒童關愛中心、惠州市惠陽區惠心自閉症康復中心、佛山市順德威權殘疾人康復服務中心、澳門扶康會、澳門培華中華、澳門「展現真我協會」、澳門弱智人士家長協進會、澳門自閉症協會、ICAN-B Asia Limited、Partington Behavior Analysts、P.L.A.I. Behaviour Consulting、Miracle 139 International

Introduction of Autism Hong Kong (As at Dec. 2022)

Autism Hong Kong (AHK) a self-help organization was founded in 2000 by Mr. Yu Sau Ying Francis, a senior social worker (1982-present), together with parents, social workers, and volunteers of children with autism spectrum (ASD). Originally we set up a website in Chinese www.autism.hk for the promotion of ASD in Hong Kong. However, with the sharp rise of autistic genealogists in the community and the demand for services, in 2009 we registered as a volunteer organization under the Hong Kong Societies Ordinance. The objectives of the AHK are: (a) to provide online information about ASD to the Chinese communities; (b) To promote social acceptance and awareness of people of the ASD; (c) upholding the fair rights of people on the ASD to education, treatment, training and social life, and (d) promoting professional training on ASD, World Autism Awareness Day (WAAD) and parent support campaigns, etc.

From 2000 to 2017, the founder was employed full-time in Hong Kong for a government-subsidized social services organization occupying a social worker position and could only engage in small-scale volunteer work in his spare time; Secondly, limited resources and manpower of the AHK, the scope of activities mainly revolves around Hong Kong and the Pearl River Delta region (PRD).

The AHK maintains a very small structure from beginning to end, with no more than 10 core volunteers, and there are no salaried staff/clubs/direct services. We only focus on making "catalysts" and not producing "bread and butter", because more and more people need "bread and butter", and the US Centers for Disease Control and Prevention (CDC) in 2021 announced that the prevalence of autism is 1 in 45; In 2007, the United Nations estimated that there were as many as 35 million people with ASD worldwide, and we estimate that China's ASD population may be as many as 15 million. With limited knowledge, financial resources and energy, the AHK is undoubtedly a drop in the bucket for direct services in Hong Kong and cannot replace the functions of the Government and social welfare organizations.

In the past 20 years, the AHK has mainly focused its limited resources and energy on the United Nations WAAD, ASD education and rehabilitation training personnel, and ASD awareness promotion. The scope of activities is mainly concentrated in the 2-hour traffic circle between Hong Kong and neighboring areas. From March 2017. The founder of the AHK have retired from his full-time job in Hong Kong to devote himself to voluntary work on the ASD. And when conditions permit, ASD can provide support, collaborative training and mutual exchange activities for parent groups and organizations far from the PRD.

From 2019 to 2022, the AHK has been selected as the Authorized Contractor of In-service Training Courses for Special Education-related Teachers by the Education and Youth Development Bureau of the Macao Government for four consecutive years. In addition, in response to the novel coronavirus pneumonia epidemic in Hong Kong in early 2020, we collaborated with the Centre for Special Education Needs and Integrated Education of The Education University of Hong Kong to conduct special education training courses in remote online learning mode. The statistics on the performance of the AHK's professional training courses are shown in the table below.

Special Education Online Training	Total No. of Class	Total Hours	Total Persons
3/2020 至 12/2022 Total 34 months	396 Classes	893 hours	13,450 persons
Average per month / class	11.6 Class/mth	26.3 hrs/mth	34 pers/class
1 – 12/2022 Total 12 months	122 Classes	893 hours	4,533 persons
Average per month / class	10.2 Class/mth	28.3 hrs/mth	37.2 pers/class
Free Live Stream (YT, FB, Twitter)	77 Episode	N.A.	60 Hrs
Macau Teachers Training	Total of Class	Total Hours	Total Persons
2019 to 2022 Total 48 months	46 Classes	340 hours	1,380 persons
Average per class / year	11.5 Class/ yr	65.25 Hrs/yr	30 pers/class

Collaborating Partners : (Chinese version only)

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